

# BARRIERS WORKSHEET

<b>Client Name:</b>	<b>ID:</b>
<b>Client Contact Info</b>	

[illegible]

Barrier Categories	Action Categories
<p><b>System barriers</b></p> <ol style="list-style-type: none"> <li>1. No established primary care</li> <li>2. Transportation (on-island)</li> <li>3. Location of health care (off-island)</li> <li>4. Housing during treatment</li> <li>5. System problems scheduling care</li> <li>6. System problems coordinating care</li> <li>7. Lack of access to a specialist</li> <li>8. System culture and practices</li> <li>9. Staff beliefs and attitudes</li> </ol> <p><b>Personal barriers</b></p> <ol style="list-style-type: none"> <li>10. Financial Difficulties</li> <li>11. Difficult access to appropriate food</li> <li>12. Disability/comorbidity</li> <li>13. Treatment side effects</li> <li>14. Unable to care for self at home</li> <li>15. Costs: health care</li> <li>16. Costs: medication/equipment</li> <li>17. Employment issues</li> <li>18. Internal psychology (anxiety)</li> <li>19. Habitual unhealthy lifestyle</li> <li>20. External psychosocial (isolated)</li> <li>21. Health literacy/lack of information</li> <li>22. Language</li> <li>23. Cultural/personal beliefs and attitudes</li> </ol> <p><b>Family barriers</b></p> <ol style="list-style-type: none"> <li>24. Childcare/family care issues</li> <li>25. Housing</li> <li>26. Other barrier (specify) _____</li> </ol>	<ol style="list-style-type: none"> <li>A. Assessed patient needs</li> <li>B. Introduced Navigation Services</li> <li>C. Coordinated health care appointment logistics (including screening and treatment)</li> <li>D. Discussed diagnosed disease and its treatment</li> <li>E. Coordinated education</li> <li>F. Educated patient</li> <li>G. Confirmed and/or assisted with health care insurance coverage</li> <li>H. Assisted with filling prescriptions or medical equipment request</li> <li>I. Coordinated with social services (e.g., for social support, behavioral health)</li> <li>J. Linked to community organization (e.g., for transportation, housing, childcare)</li> <li>K. Clinical trials notification</li> <li>L. Confirmed patient status and maintained relationship</li> </ol>