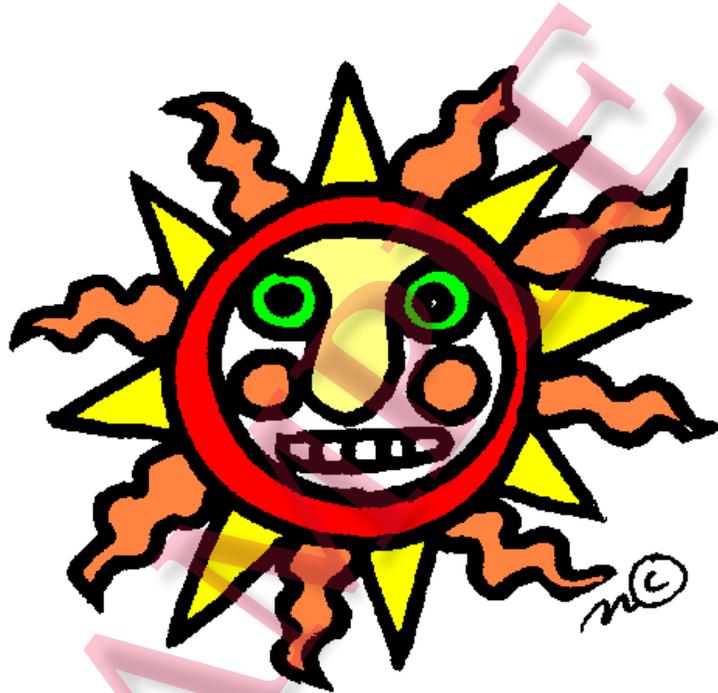


SunSafe in the Middle School Years



Health Education Module Teacher Guide

SunSafe in the Middle School Years
Norris Cotton Cancer Center 8th fl
One Medical Center Drive
Lebanon, New Hampshire 03756
E mail sunsafer@dartmouth.edu
<http://sunsafer.dartmouth.edu/>

Health Education Module: Sun Safety for Teens

Aims and Objectives

To provide a module that can be used to provide health education to teach students the knowledge, attitudes and behavioral skills they need to prevent skin cancer as recommended in the CDC guidelines.

To teach and learn using multimedia so as to engage the students in critical thinking and decision-making in the active creation of their own knowledge and attitudes.

To make learning useful and authentic by providing a real life image. To encourage self-determination of the students by allowing them to see their own personal image and that of others to compare and discuss.

Requirements

Download SunSafe in the Middle School Years PowerPoint Presentation from website <http://sunsafe.dartmouth.edu/> to a computer.

A data projector (LCD projector)

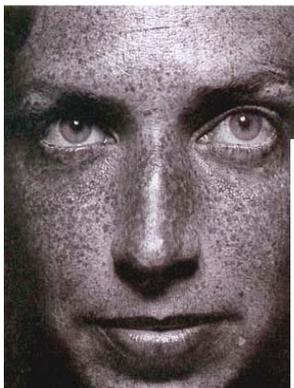
A Dermascan. Check with your state chapter of the American Cancer Society to borrow a Dermascan

Teacher Guidelines

These guidelines are provided to help the teacher and can be altered to suit your class. This presentation was developed as a two-component session, a didactic powerpoint presentation, followed by a hands on activity using a Dermascan.

First the powerpoint presentation is shown to provide an educational session that will reinforce the eventual Dermascan viewing. State chapters of the American Cancer Society have a Dermascan that can be borrowed. It is suggested that you arrange the day/days to borrow the Dermascan prior to class scheduling as it is often out on loan, especially in the spring/summer months. Of course the powerpoint can be used on its own but the Dermascan is a very effective and personalizing experience. The following pictures illustrate what might be seen using the filtered light of a Dermascan.

Freckles and sunburns may fade on the surface, but the damage does not go away. This young boy shows damage, probably where he got sunburn



A Dermascan's light shows this young woman's skin damage from tanning.

