



# SunSafe Project

Curriculum: Grade 3

Learning Objectives

The students will:

1. Learn what skin cancer is and that it is preventable
2. Identify specific ways to protect themselves from too much sun.
3. Learn that they can choose to protect themselves from the sun and understand the consequences of their choices.

Curriculum Overview

Class One:

- I. Discuss the Diagram of the Solar Spectrum
  - discuss different types of rays from the sun
  - discuss ways to protect ourselves from the harmful rays
- II. Show *Cover Up* video ( See Resource List.)
  - discuss key points from video
- III. Give our parent-child home activity
  - magazine collage activity or activity of your choice

Class Two:

- I. Choose a “Hands On” Activity
- II. Discuss Diagram of the Skin
  - discuss layers of skin
  - discuss how/why skin tans
  - discuss ABCS of sun protection
- III. Review parent-child home activity
  - discuss collages or other activity
- IV. Present SunSafe certificate