## **Session 1 Materials**

- Extra copies of pre-workshop survey and consent form
- Handouts (breast health statistics, cervical cancer statistics, risk factors, cancer basics)
- Homework assignment ("talking with a friend")
- Overview of all four sessions
- Training goals
- Session 1 agenda and learning objectives
- Cards cut into halves
- "Breaking the Silence" video
- TV and VCR or DVD player
- Parts of the LHA bridge, with labels "health care" and "community" (see photo)
- Sentence strips with characteristics of who LHAs are and what they do (see photo)
- Paper doll displays (see photo)
- Colored ½ sheets with the following labels: breast cancer risk factors, cervical cancer risk factors (see photo)
- Blank ½ sheets of paper
- Colored gems (enough to break into 2 or 4 groups)
- Brochure on HPV